



Interdisciplinary Approach To Wound Care/Prevention

Shannon Keeton, RN, BSN, CRRN, WCC

Rusk Rehabilitation Center

Columbia, MO



American Hospital
Association®

HRET

HEALTH RESEARCH &
EDUCATIONAL TRUST
In Partnership with AHA



Objectives & About Us

- Discuss the benefits of an interdisciplinary approach to HAPU prevention





What Did We Learn From This Project?

- Patient outcomes improved.
- Patient satisfaction improved.
- Collaboration among disciplines improved.
- Knowledge base/awareness improved.
- It is worth the struggle to develop and nurture an interdisciplinary wound care/prevention team.



What Were Our Barriers?

- Time, time, time!!!
- Getting members from each discipline interested.
- Educating team members and other staff.
- Buy in from administration.
- Scheduling patients for assessment.



How Did We Overcome These Barriers?

- Short meeting times.
- Developed a method of “rounding”.
- Presentation at Chief Medical Officers annual meeting to introduce project.
- Explored motivation of each discipline.
- Invited administration to be a part of the team development.



What Can We Teach From Our Journey?

- “It Takes a Team”!!!!
 - An Interdisciplinary approach to managing wounds and developing prevention protocols is worth the time and effort.
- Getting started is the most difficult.
 - It can take 1-2 years to fully establish the team, and then constant diligence to keep it going.
- Have the big picture in mind, but set small, achievable goals first.
- Administrative support is key, and begins with education.



Our Accomplishments Over the Last Three Years

- Tools for documenting trialed.
- Protocols trialed and implemented.
- Pressure Ulcer Prevention program implemented.
- Annual Wound Care Fair.
- Participated in Corporate initiative to streamline advance wound care products.
- Obtained equipment for prevention and wound care.



Educating Your Administration

- Average hospital acquired wounds per 1000 patient days decreased from 2.0 to 0.6.
- The wound team helps to establish cost effective solutions with positive clinical outcomes. \$\$\$
- Changes in CMS guidelines with respect to reimbursement for hospital acquired wounds. \$\$\$
- Legal issues/ramifications. \$\$\$



Our Goals for the First Year

- Development of documentation guidelines.
- Development of monitoring tools.
- Updating wound protocols.
- Assessment of need for devices to assist with wound care and prevention.
- Education programs for staff, patients, and caregivers.



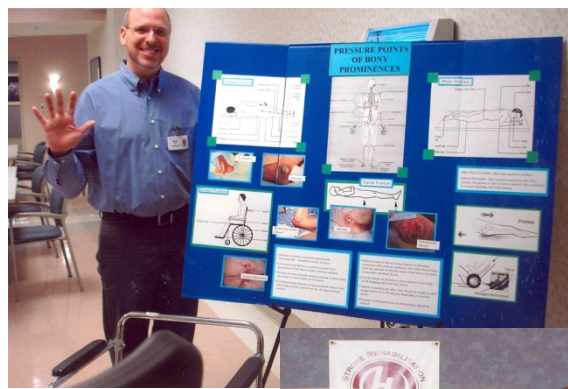
Our Goals for the Next Year

- Decrease our hospital acquired wound rate to ≤ 0.5 per 1000 patient days.
- Evaluation of clinical studies.
- Project “Wipe Out” (HEN Project)



Our Interdisciplinary Wound Care Team

Including: PT, OT, ST, RD, RN, MD, Administrator





Feel Free to Contact Us:

- Shannon Keeton RN, BSN, CRRN, WCC
➤ shannon.keeton@healthsouth.com